

Learning Conversation Notes	
Name of Partner: North Tahoe Family Resource Center	Date: April 29, 2008
Conversation Participants: Don Ferretti, Nancy Baggett, Cathy Ferron, Heidi Kolbe, Judy Marston, Jacqui John, Maria Bernal, Ana Dorros, Sylvia Ambriz, Analia Batson, Alison Schwedner, Amy Kelley, Mariela Ramirez, Colleen Williams	
Outcome: Children prenatal through 5, whose parents/caregivers receive services from North Tahoe Family Resource Center (NTFRC), are safe, healthy, and well-nourished.	
Performance Measures: <ul style="list-style-type: none"> • Demographics – broken down by age, gender, ethnicity, and when services were provided utilizing the First 5 Placer Demographic Tool including number of children served directly, number of parents/caregivers served, and the number of children served indirectly. • Early Childhood Outcome Screens • Preventative Health Form • Parent Survey 	
Number of Children Served:	150
When served:	November 16, 2007 – April 15, 2008
Gender:	
- Male	63
- Female	73
- Unknown	14
Ages:	
- Prenatal	14
- < 1 year	36
- 1 year	27
- 2 years	23
- 3 years	17
- 4 years	22
- 5 years	11
- Unknown	
Ethnicity:	
- Alaskan Native/ American Indian	
- Asian	
- Black/African American	
- Hispanic/Latino	147
- Pacific Islander	
- White	3
- Multiracial	
- Other	

What is this data telling us about achievement of outcomes?

Demographics (Full Report Attached)

- The demographics show lots of babies and a big jump in the number of children under one year of age and two year olds.
- Two-thirds of the children served are less than three years old.
- Agencies are referring new families to NTFRC.
- A large percentage of Hispanic/Latino families which reflects the makeup of the community.
- Serving mostly Hispanic/Latino families with many small children.
- New families almost doubled in the 5 months since the last Learning Conversation.
- All the special needs children are receiving specialized services from outside agencies.
- The majority of children served are in the Kings Beach area.
- The name change to North Tahoe FRC lets people know they serve all of the North Tahoe area and may have helped to bring in families from other areas. NTFRC is receiving referrals from other agencies such as Child Welfare.

Parent Demographics (Full Report Attached)

- There were 142 parents participating during this period.
- Mostly mothers in the program but getting more males participating.
- Younger parents, 20-30 years of age, having children.
- Primarily speaking Spanish at home.

Early Childhood Outcome Screens (Full Report Attached)

- 25 children with multiple needs are receiving comprehensive case management.
- Of the 25 children, 17 are continuing and 8 are new children.
- Coming in a little lower on the indicators than in the past. This could be reflective of interviewers being more experienced in asking the right questions to get at accurate responses.
- Of the 17 continuing children overall they are maintaining the indicators but still need services.
- The 17 continuing children are receiving nutritious foods.
- It appears that more accurate data is received through the building of relationships over time.
- Of the 8 new children, most of the children were referred through the hospital based program for mothers of newborns. In some cases the new mothers lack knowledge around caring for their children to help them develop appropriately. After receiving services the mothers improved in most indicators.
- The screens show an overall increase in the scores and it looks like most children in both groups with varying levels of assistance are achieving the outcomes on most indicators.
- As a group when comparing continuing children with new children, the screens show more growth in the indicators for the new children.
- For the new group of parents of 3-4 month olds are receiving services and are very receptive to the services. A teachable moment.

Preventative Health Form Data (Full Report Attached)

- Health data was collected on 121 children.
- 73% of the children have either Medi-Cal or Healthy Families and 67% receive WIC. Dental platica (21 parents attended)

- The dental questions were added to the form as per the last Learning Conversation.
- The oral health data shows that the children should grow up with healthy teeth if the parents continue to follow what they have learned.
Nutrition platica (34 parents attended)
- After the nutrition class parents seem to better understand the nutrition needs of their children.
- The parents are receiving the knowledge they need and they indicate they are going to implement changes to better nourish their children.

Parent Survey (Full Report Attached)

- Twenty-four pre and post surveys were completed.
- Areas covered in the survey are safety, health and well nourished.
- Other than one child who needed immediate medical care the children were healthy.
- According to their parents 24 children are well nourished.
- The questions in the Well Nourished section of the survey have been a gateway to get parents enrolled in the programs.

In what ways will we apply what we have learned from our data?

- NTFRC staff is noticing that mothers are feeding solid foods at an early age and they are trying to incorporate information about the appropriate time to do this into their program.
- Looking at offering different types of presentations in different areas, ie., Tahoe City, to meet the needs of each community.
- Include Welcome Form for parents in the prenatal classes to be sure they are looking at the needs of the families and what services they can provide.

Other points that were made during the conversation:

- It may be interesting to study the correlation between mothers receiving preventative dental care prior to giving birth and how that is carried over to their children.

Next Steps:

- Add language to the Performance Measures to show intent:
 - Intent of Parent Survey: identifies issues where families need support, getting parents view of their status, measure changes in knowledge and behavior, and hope for families to be sustainable. First 5 intent statement: "To measure parent's ability to keep their children safe, healthy and well-nourished."
 - Intent of Preventative Health Form: "To measure the parent's knowledge and intention in ensuring their children's proper oral health and nutrition. "
- NTFRC will review data collection instruments (to replace outcome screens) and make a proposal to First 5 Placer staff by the end of May to be included in next year's contract.
- Questions on the parent survey need to be reworded to gather appropriate data to show achievement of the outcome. NTFRC will make proposed changes and share with First 5 staff before July 1st.
 - Add language to question 1 in the Safe section of the survey that identifies a timeframe, such as in the last 6 months, and specific types of behavior. Also consider moving the question to the end.
 - Consider rewording question 3 d in the Safe section of the survey to clarify the type of injury and whether medical care was needed. Question example: "Has my child suffered from an injury in the home that could have been prevented?" Possibly splitting the question into more than one question for clarification.

- Consider rewording question 1 in the Healthy section of the survey to better address the outcome.
- Next Learning Conversation: Wednesday, December 17, 2008, 10:00 AM – 2:00 PM